CHOOSE A FOCUS: WHAT DO YOU WANT TO CHANGE?
Learn about past and present issues in your community
Reflect on what you care about
Define the focus for your project

GET TO KNOW YOUR PROJECT & TEAM
Build your team identity & relationships
Team norms: decide how you will work together
Become familiar with your project & YPAR

DEVELOP YOUR RESEARCH PLAN
Develop your research question(s)
Choose final product & research method(s)
Create your research tool(s)

PRACTICE RESEARCH SKILLS
Learn & practice core research skills
Develop specialized research skills
Try out & strengthen your research tools

CONDUCT RESEARCH
Finalize your research plan
Develop a system to support each other
Collect data

ANALYZE YOUR DATA
Figure out what you learned from your research
Develop findings & recommendations
Connect your work to the bigger picture

PRACTICE RESEARCH SKILLS
Learn & practice core research skills
Develop specialized research skills
Try out & strengthen your research tools

CREATE & SHARE FINAL PRODUCT
Identify goals and strategies to share your work with key audiences
Create your final product and/or report
Organize presentation(s) and/or event(s) to share your work
Reflect & celebrate!

TAKE ACTION
Identify goals to create change & the key people who can help you make it
Choose action strategies
Create & implement action plan

GET READY FOR YOUR PROJECT
Learn more about Youth Participatory Action Research (YPAR) and the values behind it
Assess your community & organization’s readiness to do a YPAR project
Plan & prepare for your project & assemble your team

ypar.cfcl.ucdavis.edu